### **Extract of Verses from**

### THE GREAT AWAKENING OF THE COSMIC FIRE

In the Sacred Fire of the Rocks and the Mountains the Spirit of My Ancestors I Have Found! O Graceful Lady!

In Every Native Soul I Have Seen You Burn! O Mother of Many Complexions!

In the Planets and the Stars It Is Your Fire that Shines! O Mother of all the Three Worlds!

All the Warmth of My Soul Is Governed by Your Light and Fire! O Excellent of Excellence!

My Soul Lives in a Universe of Fire! O Mother of the Abode of the Ethereal Universe!

Striking Peace with Nature Enhances Our Mind Fire! O Goddess of Peace!

A Rite of Extreme Purification is the Fire of Death! O Mother of Ever Pure!

To Our Own Peril We Can Ignore the Law of Nature! O Granter of Beautiful Appearance!

What We Do to Other Creatures Defines Our Soul! O Giver of All Desire!

Through Human Contact We Seek the Warmth of the Sacred Fire! O Mother of the Intellectual Soul!

Intricate to Our Living Universe Is Our Sacred Fire! O Mother of the Perceivable Universe!

The Moon's Luminescence of Your Mystic Might I Have Seen! O Mother of the New Moon!

Ignite Your Blue Flame Within My Spiritual Heart! O Mother of the Flames!

I Have Entered the Blazing Centre of Your World of Brightness! O Provider of Brightness!

Unconditioned Love and Compassion I Can Receive Because of My Inner Light! O Lover of Devotees!

On the Wings of Spiritual Energy I Will Fly to the Kingdom of Joy! O Bestower of Kingdom!

With My Heartstrings Let The Dark Shadows No More Play! O Remover of Darkness!

The Sweet Nectar of The Moon To Every Creature Shall Be Given! O Mother of the Full Moon!

Show Me the Bright World Hidden Behind Your Veil and Shroud! O Princess of World!

Time Has Come To Give Me The Sacred Bath! O Mother of the Deity!

The Whole Cosmos Has Been Transfixed By The Glitter of the Cosmic Dance! O Goddess of the Celestials!

The Heat of Your Deep Blue Flame My Soul Shall Absorb! O Mother of the Radiant Flames!

With Your Cosmic Heat Every Soul Shall Melt! O Mother of Immense Strength!

My Frozen Mortal World In Your Cosmic Heat Will Melt! O Destroyer of Death!

To Its Inner Landscape After Death My Soul Will Travel! O Protector of Travellers!

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Back to Our Spiritual Home in the Heart We Will Be Brought By Our Sacred Fire! O Mother of the Splendour! The Lotus of Our Heart We Can Open Through Our Sacred Fire! O Lotus-Holder! On the Divine Creative Sun We Can Meditate Through Our Sacred Fire! O Mother of the Rising Sun! I Am A Cosmic Wanderer Defined by Your Cosmic Fire! O Mother of Auspicious! The Very Life Blood of Mother Earth is Your Cosmic Fire! O Mother of the Sacred Fire! In the Womb of Mother Earth is Carried Your Cosmic Fire! O Mother of the Beginning! The Drama and Dance of the Cosmic Fire in the Animal Kingdom My Soul Has Seen! O Mother of the Divine Drama! The Digestive Fire and the Fire of Breath are the Two Fires of the Animal Soul! O Mother of Grace! Unique Sacred Fire and Energy is Carried by the Animal Soul! O Creative Energy! The Forces of Nature are Replete with Mystic Guiding Spirits! O Conqueror! The Energy of Your Sacred Fire Shall Remove All My Soul's Dross! O Remover of Fear! Possessing A Fire Body We are All Beings of Fire! O Bestower of Well-Being! With the Spirits of Your Mystic Woodlands I Have Silently Conversed! O Mother of Silence! In the Stillness of the Mother Earth Forever You Burn! O Mystic Fire! We Can Be Rooted in the Supreme Silence Through the Sacred Cosmic Fire! O Protector of Land! In the Heart of All Creation We Can Dwell Through the Sacred Cosmic Fire! O Mother of All Devotees! The Nectar of Immortality We Can Drink Through Our Sacred Fire! O Mother of All Bodies! Supreme Essence of Happiness and Immortality is What I Seek! O Mother of the Celestials! The Urge of Our Soul Is to Embrace Immortality Beyond Death! O Mother of the Moksha! Eternal Has Been the Human Quest for Immortality! O Eternal Bliss! The Deeper Inner Sacred Alchemy of the Universe I Have Accessed! O Mother of the Abode of the Universe! The Rush of Your Golden Tongue I Can Feel On Your Tongue! O Mother of Abode of Knowledge! In Human Soul Lifelong Drive is the Sacred Fire! O Possessor of Ultimate Wisdom! The First Message of Divinity were Brought to the Humans with the Help of the Cosmic Fire! O Creator of Divinity! Etched Deep Within Our Cells Is the Cosmic Fire! O Mother of the New Fire! Joy to All Existence is Brought by the Cosmic Fire! O Giver of Happiness! The Light Our Soul is the Light of the All Consuming Cosmic Fire! O Provider of Sunshine! In the Shape of An Upward Facing Triangle Burns Our Cosmic Fire! O Mother of Infinite! All the Worlds are But Waves in the Ocean of the Cosmic Fire! O Protector of the Seas!

About Author: The mystic writings and poems of author Shree Anand Krishna helps us in dealing with everyday issues such as the strength of will power, the creativity to see beyond problems, importance of positivity and the true meaning of success. For all who feel that stress and nervousness are an unavoidable fact of modern life, the mystic poems of Shree Anand Krishna reminds us that within each of us is an inner core of universal peace and harmony that we can learn to access at will. The mystic poems and writings of Shree Anand Krishna shows us how to overcome fear, worry, anger, nervousness and moodiness. His writings also teach us how to stay calmly in the present and to stay actively focused, no matter what is going on around us and also teaches us to Experience the mystic and expansive timelessness and beauty of each moment. The spiritual and mystic poems of the author caters to the deepest needs of the human heart and soul. These poems reveal how we can meet the daily challenges to our physical, psychological, emotional and spiritual well-being - by awakening our divine nature, the neglected reality at the core of our being.

Through his writings the author succeeds in dispelling the myth that God is beyond our reach and beyond our self. He points out that it is not only possible to converse with God but to receive definite responses to our prayers and also converse with our divine self. The author Shree Anand Krishna helps us to realize how close that infinite and all-loving Being is to each one of us. He also explains how we can make our prayers and thoughts so powerful and persuasive that they will bring a tangible response from the mystic universe. The books written by Shree Anand Krishna motivates the readers how to be devoid of a harsh, materialistic life and live a life of peaceful serenity governed by quality and not quantity. The spiritual poems written by the author deal with complex issues in a very easy-to-understand and simple manner, inviting the readers to explore their inner selves through meditation and contemplation. The teachings of the author alters the perspective and attitude that people approach life with, changing one's thought process to invite and draw true material and spiritual success and prosperity. The books written by the author also highlights the key to dissolving obstacles both physical and spiritual while dealing with natural feelings of fear and the feeling of being lost. The author has been greatly inspired by the mystic philosophies propounded in the Geeta, Upanishads, Vedanta, Sufi literature and other ancient mystical works. The author Anand Singh (Pen Name: Shree Anand Krishna) has written on various spiritual aspects of human existence in this world and beyond.

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#### CHAPTER - 1

# THE HEAT OF THE DEEP BLUE FLAME IN OUR SOUL



(Artist: Edward Robert Hughes Date: 1851-1914)

Poem on Cosmic Dance

### The Whole Cosmos Has Been Transfixed By the Glitter of the Cosmic Dance! O Goddess of the Celestials!



(Artist: Edward Burne-Jones Date: 1833-1898)

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

To the higher forces I am ready to offer myself.

Before the heavens I am ready to completely surrender myself.

Let my inner flame unite with your universal fire.

To merge into the radiance of your cosmic light is my soul's desire.

All my effort is to completely surrender.

My ears have heard your divine thunder.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

Your divine warmth and light every creature shall seek.

With the radiance of a zillion stars shall shine every soul that is meek.

The culminating experience of your beatitude every soul shall see.

In a world of your perfect love my soul shall be.

With the right resolve and tenacity I shall reach your bright world.

To the inward state I shall turn from the outer world.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

With intense concentration I can awaken my soul.

The realization of your divine beatitude is my soul's goal.

Your sacred flame has been ignited in the root centre of my being.

Self-realization I shall gain through the dedicated effort of my being.

The art of relinquishing and reconciliation my soul shall learn.

In the heat of your radiance my soul shall burn.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

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In sheer abandonment my soul seeks its joy.

The wonders of your mystic world my soul shall enjoy.

The benefit of yielding and acquiescence to the divine my soul has learnt.

In the radiance of a zillion stars my soul has burnt.

Before the wonders of the cosmos completely I surrender.

My soul is bewildered by your cosmic light and thunder.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

By your deeper hidden spiritual current every creature is sustained.

My power of consciousness by your grace is maintained.

Synergize all my energies with your higher power.

Let my soul bathe in your cosmic shower.

To your universal will every creature shall surrender.

In sheer abandonment I expose my soul to the cosmic thunder.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

All my desire, motivation and aspiration I surrender at your feet.

In the radiance of your cosmic light every soul shall meet.

It is your divine energy that transforms my soul.

To gain stillness and stability is my soul's goal.

Through austerities and deprivation I cannot reach your abode.

Let your light in my dark world explode.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

Self-mortification shall not redeem my soul.

To regain your divine energy is my soul's goal.

With your blessings you endow every seeker.

You eclipse the mundane to emancipate every seeker.

It is your transcendental grace that shall shine forth through every soul.

Your nurturing presence in the cavern of my heart shall make me whole.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

Into stillness and stability my stormy world you shall transform.

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By the stillness of my breath my soul shall reform.

To the highest ancient peaks my soul shall ascend.

In the depth of my being your light shall descend.

The dark blue mountain shines with your grace.

Your magical charm shall show on my face.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!



(Artist: William-Adolphe Bouquereau Date: 1865)

Your grace shall make me unyielding and steadfast within.

Your mercy shall relieve me of all the darkness and sin.

Within me let your grace work its magic.

Let me not be subjugated and weakened by the world that is tragic.

From the mountain cloud of your being I have seen your divine lightening.

This world of darkness is no more frightening.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

Your cosmic fire in every soul shall be kindled.

In the darkness of my cosmos your light shall be mingled.

To your divine consciousness silently I surrender.

In you I shall take refuge from the cosmic thunder.

Your deep blue flame in every creature has been kindled.

Before your light all my darkness has surrendered.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

You are the divine matrix into which I can offer all my darkness.

You are the fire that ignites the world of brightness.

The residual traces of the mind lying in my sub-consciousness only you can erase.

The divine cosmic shine only you can give to my mortal face.

The heat of your deep blue flame my soul shall bear.

The cover of darkness my soul shall tear.

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The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

Intense love I have developed for your esoteric world.

My heart has been won by your cosmic world.

Only your grace can bring about the union that I desire.

With the advent of your light the darkness in my soul shall expire.

Let me experience the deeper nuances of your mystic world.

Full gamut of life's experiences let me gain in this mortal world.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!

It is your grace and intense love that personifies the ideal of every soul.

To win your sacred heart is my soul's goal.

Sustained by your will power my soul shall gain its success.

All my residual darkness your light shall address.

The inner flowering of my soul the whole cosmos has witnessed.

Like an embryo in its womb my soul you have fed.

The whole cosmos has been transfixed by the glitter of the cosmic dance! O goddess of the celestials!



Hopi Kachina Sun Symbol: Also known as a Tawa kachina, it is a spirit symbolizing of life, growth, strength of spirit, and abundance. The likeness of this spirit is donned during the solstice ceremony to beckon the sun's return, and begin the growing season. (Source: http://www.whats-your-sign.com/Hopi-symbols.html)

Poem on Deep Blue Flame

The Heat of Your Deep Blue Flame My Soul Shall Absorb! O Mother of the Radiant Flames!

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

All the sacred potentials of my soul shall finally emerge.

In the flood of your grace I shall submerge.

From the deeper recesses of my being your light shall emerge.

Into the depth of your being my soul shall merge.

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With the help of your grace I shall converse and nurture all my energy.

It is your mercy that shall provide me the divine synergy.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!



(Artist: John Constable Date: 1776-1837)

Turning my energy inwards I shall explore my inner world.

The various planes of intensity I shall explore of your cosmic world.

The essence of the creative process my soul has understood.

By your grace I shall be given the cosmic food.

Your light has silently invoked my spiritual passion.

My soul can no more work in isolation.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

For long in isolation I have struggled with myself.

The rigors of darkness I have suffered myself.

Your primal forces have created the cosmic heat in my soul.

To witness the higher realities beyond the known world is my goal.

Let your grace unfold the canvas of my life.

Let your cosmic heat remove all my darkness and strife.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

The energies of my body and mind let me hold in perfect balance.

Let the inner vessel of my soul hold your divine energy in perfect balance.

Develop in me the inner character that can sustain your divine energy.

Let your higher energies and insights provide me the required synergy.

In your deeper realities let me immerse my soul.

Let patience, prayer and passion lead me to my goal.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

From my senses and thoughts let me withdraw into a determined equipoise.

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From my outer life let me cut off all the noise.

Let me remain strong and resolute and maintain firmness within.

My every breath is an experience of deep realization within.

Only you can create the field to realize my spiritual aspiration.

Only you can make sure that the darkness does not produce any frustration.

### The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

To the power of your divine word every soul shall connect.

With the help of your grace my soul shall resurrect.

Your mystic world is the object of my focus.

To converse all the energy, passion and devotion within me is my focus.

Your grace can heat up and illuminate my mind and soul.

The purification and transformation of my being is my goal.

# The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

Let your cosmic heat mature, ripen and develop my soul.

To create a space for stillness is my goal.

Your inner magic of transformation every soul has felt.

With your cosmic heat every soul shall melt.

With the help of your grace I shall turn all my energies within.

Your mercy shall kindle the fire within.

# The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

Above physical austerity and self-mortification my soul shall rise.

For harbouring the darkness I have paid the price.

All the stereotypes of this mortal world I shall discard.

Voluntary suffering is no more on my card.

Silence and stillness my soul shall learn.

Equanimity of my being I shall earn.

# The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

The fruit of resilience the heavens shall give to my soul.

The deep forces from your cosmic world shall make me whole.

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Within a period of gestation the heavens shall ripen my soul.

Through regular practice and discipline I can define my goal.

The process of internalization shall stabilize my soul.

Your light shall end all the darkness and strife.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!



(Artist: William-Adolphe Bouguereau Date: 1865)

Through your love and devotion my heart seeks for its exaltation.

Only you can brighten the sacred flame of my heart's inner aspiration.

Solitude and serenity in my heart shall naturally flow.

The sacred flame in my heart shall brightly glow.

Your grace shall give me the time, patience and the ability to wait.

My soul shall finally bite your divine bait.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

The string of your deep forces I have felt in my soul.

To ready myself within is my goal.

The visible results of your grace will manifest in their own time.

My soul shall ripen for your world sublime.

New potential for clarity and awareness I shall develop.

Your divine energy my soul shall envelop.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

All your cosmic energy in my soul shall expand.

Clarity and awareness my soul shall demand.

All your cosmic energy I shall draw within.

Your intense internal heat shall destroy all my darkness and sin.

All my life's energy within me I shall embrace.

All my pain and suffering the heavens shall erase.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!

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All my pain and suffering will finally fade away.

To your supreme dwelling I shall find my way.

Cooling and debilitating shall be the destruction of my energy.

Your cosmic heat shall provide me the synergy.

Your grace shall integrate all the universal forces.

My soul will finally be aware of your divine resources.

The heat of your deep blue flame my soul shall absorb! O mother of the radiant flames!



Shinto Tomoe Symbol: Not strictly a fire symbol, but included here for its lessons of balance. The word tomoe means "turning" or "circle," and the symbol is also called a fire wheel. The Shinto/Buddhist symbol shown here is reminiscent of the yin yang symbol, and holds many of the same symbolic/energetic traits. This symbol is

occasionally shown with three flames, each symbolizing humanity, heaven and earth - the three foundations of Shinto philosophy. (Source: http://www.whats-your-sign.com/fire-symbols-and-meanings.html)

#### Poem on Cosmic Heat

# With Your Cosmic Heat Every Soul Shall Melt! O Mother of Immense Strength!



(Artist: James Tissot Date: 1836-1902)

With your cosmic heat every soul shall melt! O mother of immense strength!

Of my real nature let my soul be aware.

Connecting to my higher self let me prepare.

My old emotional wounds only your grace can heal.

All my negative thoughts and emotional disturbances only you can reveal.

By calming the mind and senses let me maintain an inner silence.

Let me purify my heart of violence.

With your cosmic heat every soul shall melt! O mother of immense strength!

The real purpose in my life is to create an inner contentment.

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